

Devon Venison Sausages with Red Wine and Onion Gravy

Venison sausages are a wonderful way to enjoy the lean, flavourful nature of the meat while maintaining a succulent texture. Historically, sausages have been a staple of British meals, providing nourishment with accessible ingredients. This recipe pairs Devon venison sausages with a rich red wine and onion gravy, making it ideal for a weekend lunch or a rustic dinner. Serve with creamy mashed potatoes and a glass of Malbec or a traditional cider.

Instructions:

- Heat oil in a large pan over medium heat and cook the sausages until browned and cooked through. Remove and keep warm.
- 2. Add onions to the pan and cook slowly for 15 minutes until caramelized.
- 3. Stir in brown sugar and flour, cooking for another 2 minutes.
- 4. Gradually pour in the stock and red wine, stirring to avoid lumps. Simmer for 10-15 minutes until thickened.
- 5. Stir in mustard and season with salt and pepper.
- 6. Serve the sausages with the rich onion gravy and buttery mashed potatoes.

Ingredients:

- 6 Devon venison sausages
- 2 tbsp olive oil
- 2 large onions, thinly sliced
- 1 tbsp brown sugar
- 2 tbsp flour
- 2 cups (480 ml) beef stock
- 1 cup (240 ml) red wine
- 1 tsp Dijon mustard
- Salt and pepper to taste